

Rock Climbing Equipment List

The equipment and clothing you bring will have a big impact on the quality of your trip. Ensure to bring all items listed except for items that are listed as optional (either are luxuries or your guide will be carrying for you both).

If you have any questions, please contact us. These items* are provided, but you can bring your own if you prefer.

- Helmet*, harness*, rock climbing shoes*
- 20lt Daypack
- Dinner, snacks
- 1L water bottle
- Cool weather clothing if needed (fleece jacket, long johns, warm hat, etc.)
- Sunscreen
- Sunglasses & Ball Cap
- Pants (please avoid shorts)
- Rain/wind shell
- Hiking boots or running shoes for the hike to the climbing area.
- Clothing allowing for easy and complete range of motion.
- Small notebook and pencil (optional)
- Camera, batteries (optional)