

Mount Logan Equipment List

The equipment and clothing you bring will have a big impact on the quality of your trip. Make sure to bring all items listed. Temperatures on Mount Logan can vary widely in the springtime. They can increase from -15C overnight to +10C on sunny days or descents to the valley. At higher elevation, temperatures will often drop below -30C overnight.

Technical Equipment

- Alpine Touring skis (lightweight bindings like Dynafit or Silvretta Pure is recommended)
- Alpine touring boots (With Vibram sole)
- Overboots for higher elevation
- Ski poles (with regular powder baskets)
- Climbing skins (At least as wide as the waist of your ski)
- Ski crampons
- Avalanche transceiver (475 Megahertz with extra batteries)
- Lightweight snow shovel
- Avalanche probe
- Backpack, large sized (70 to 80 liters) with rain cover and outside straps to attach skis. Should be rigged for sled hauling
- Climbing harness for glacier travel
- 1 Ice Axe (preferably light weight with a maximum length of 60cm)
- Boot Crampons, lightweight if possible (i.e. aluminum)
- 4 locking carabiners (Your guide will bring a full set of Crevasse rescue equipment)
- 4 non-locking carabiners
- Prusik cords (2 times 5m length of 7mm cord)
- 1m section of 6mm cord
- 1 X 10mm X 120cm sewn spectra sling
- Repair kit / spare parts for your bindings (optional)
- Skin wax (a small amount)
- Ski goggles
- 1 Large duffel bag

Clothing

- Gore Tex shell jacket; expedition style with hood
- Gore Tex outer pants/bibs; wind and waterproof with full side zips
- Down jacket (expedition weight with hood)
- Lighter weight pants; water/wind proof for lower elevation and camp
- Fleece pants (heavy weight with full side zips)
- Fleece jacket (heavy weight)
- Medium weight fleece shirt and vest (ie Marmot Driclime)
- 3 sets Capilene, fleece or wool underwear, top and bottoms
- 2 Pairs of gloves (lightweight and heavier weight)
- 1 Pair of expedition weight mitts with over mitts
- Neck gaiter & bandanna
- 3 pairs of thicker outer socks (synthetic, wool or blend)

- 3 pairs of thinner liner socks (polypro type)
- 2 Hats; one medium weight & one heavy weight covering the ears

Camp & personal supplies:

- Down Sleeping bag (Mommy style, rated for -30C)
- Sleeping bag liner, optional
- 1 sleeping pad, $\frac{3}{4}$ or full length Thermarest
- 1 sleeping pad, full length Ensolite
- Camp booties and over booties (down or synthetic)
- A 1 liter Water bottle with insulated sleeve (no Camel backs)
- A pee bottle; 1 liter Nalgene water bottle with wide rim
- Lightweight bowl, cup, fork and spoon
- Light stuff sacs or zip lock bags to keep your backpack organized
- Ear Plugs
- Sun Glasses (with side and nose shield, very good UV protection, one extra pair)
- Sun screen and lip protection (minimum 30 SPF and waterproof)
- Sun hat, preferably with wide rim
- Headlamp with spare batteries and bulb
- Personal items (toiletries, hand sanitizer, toothbrush, glasses, foot powder, etc.)
- Personal 1st aid (blister kit, prescription drugs, Aspirin & Ibuprofen, etc.)
- Pocket knife
- Health/Travel insurance documents/numbers
- Zip-lock bag for wallet and other documents to keep them dry (recommended)
- Camera, batteries, music
- A small book and/or writing material