

## Rock Climbing Equipment List

The equipment and clothing you bring will have a big impact on the quality of your trip. Ensure to bring all items listed except for items that are listed as optional (either are luxuries or your guide will be carrying for you both).

If you have any questions about anything please contact us. Some items\* are available for rental.

- Helmet\*, harness\*, rock climbing shoes\*
- 30ltr Daypack
- Lunch, snacks
- 1 L. water bottle
- Cool weather clothing if needed (fleece jacket, long johns, warm hat, etc.)
- Sun screen
- Sunglasses & Ball Cap
- Pants (please avoid shorts)
- Rain/wind shell
- Hiking boots or running shoes for the hike to the climbing area.
- Clothing allowing for easy and complete range of motion
- Small notebook and pencil (optional)
- Camera, batteries (optional)
- Pocket knife